



iPad Users and Others Risk “Pinch Grip Syndrome” - EyeGrip Tablet Holder Deemed Medically Advisable Option

Dr. Randall West, D.O., of Folsom, California has reported a substantial increase in the diagnosis of DeQuervain’s Tenosynovitis, often referred to as “Pinch Grip Syndrome.” It is undisputed that this phenomenon is directly linked to the rising popularity of electronic tablet usage. Introduced this week by Capsicum Sports, the new EyeGrip tablet accessory (<http://eyegripstore.com>) provides users with a simple, ergonomic alternative for holding tablets without risk of developing this condition. The Eyegrip has been deemed a “medically advisable option.”

El Dorado Hills, CA ([PRWEB](http://prweb.com)) January 23, 2012 -- Introduced this week by Capsicum Sports (<http://capsicumsports.com>), the EyeGrip is an innovative single-hand tablet holder with a built-in universal tripod mount. The understated, low profile handle and tripod mount do not compromise the original sleek design of the iPad or other tablets, and is easily detachable for regular desktop use, using a unique patent pending design. Prior to the EyeGrip, there were few inexpensive options available for mounting a tablet to a tripod for photography, video and presentation purposes.

Tenosynovitis is a painful inflammation of the tendons on the thumb side of the wrist. Although this inflammation is commonly due to repetitive motion such as knitting, playing an instrument, or chopping with a knife, it can also be caused by little or no motion at all. The mere act of pinching an object with sufficient force for a prolonged period of time has been shown to cause this disorder.

Dr. Randall West D.O. of Folsom, California, has recently diagnosed a number of patients with DeQuervain’s Tenosynovitis. In all cases, they appear to be related to the continuous pinching force required to hold an electronic tablet.

“Recent cases have appeared that have been diagnosed as being caused by holding an electronic tablet using a ‘pinch grip’ with one hand while typing with the other. The forces exerted by the thumb required to counteract the cantilevered mass of the tablet, coupled with the downward pressure from typing with the opposite hand, are quite significant. An alternate means of supporting the tablet is preferred over using the ‘pinch grip’,” explained Dr. West.

“The EyeGrip product is a medically advisable option for users of tablet devices to prevent this disorder, which can be painful and debilitating,” continued West.

The EyeGrip is compatible with nearly all electronic tablets and has proven to be a useful tool in the workforce, especially to those that have taken their business mobile. Real estate agents, sales reps, medical personnel, retailers and athletic coaches are just a few of the many professionals that have already embraced the simple functionality of the EyeGrip. Manufactured in the USA, the EyeGrip retails for \$19.95 and is now available online (www.eyegripstore.com).

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